



COREMEDICALGROUP
CENTER OF REJUVENATION EXPERTS

CASE STUDY

VETERAN HORMONE THERAPY OUTCOMES

What 309 current patients and 413 veterans reported in two separate surveys, and what those results do and do not show.

AT A GLANCE

309 veterans and active duty service members on hormone therapy at Core Medical Group rated their own change across eight areas of life, and more than 80% reported improvement in every one.

309 Respondents 94% veterans, 4% active duty	93% Would recommend testosterone therapy to a fellow veteran 288 of 309	4.58 _{/5} Average satisfaction with care Out of 5	80% to 94% Reported improvement, by area Eight areas of life
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Collected through April 3, 2026. Anonymous and voluntary. All results are self-reported by current patients. Individual results vary. Read the limits section before drawing conclusions.

ABOUT THE TWO SURVEYS

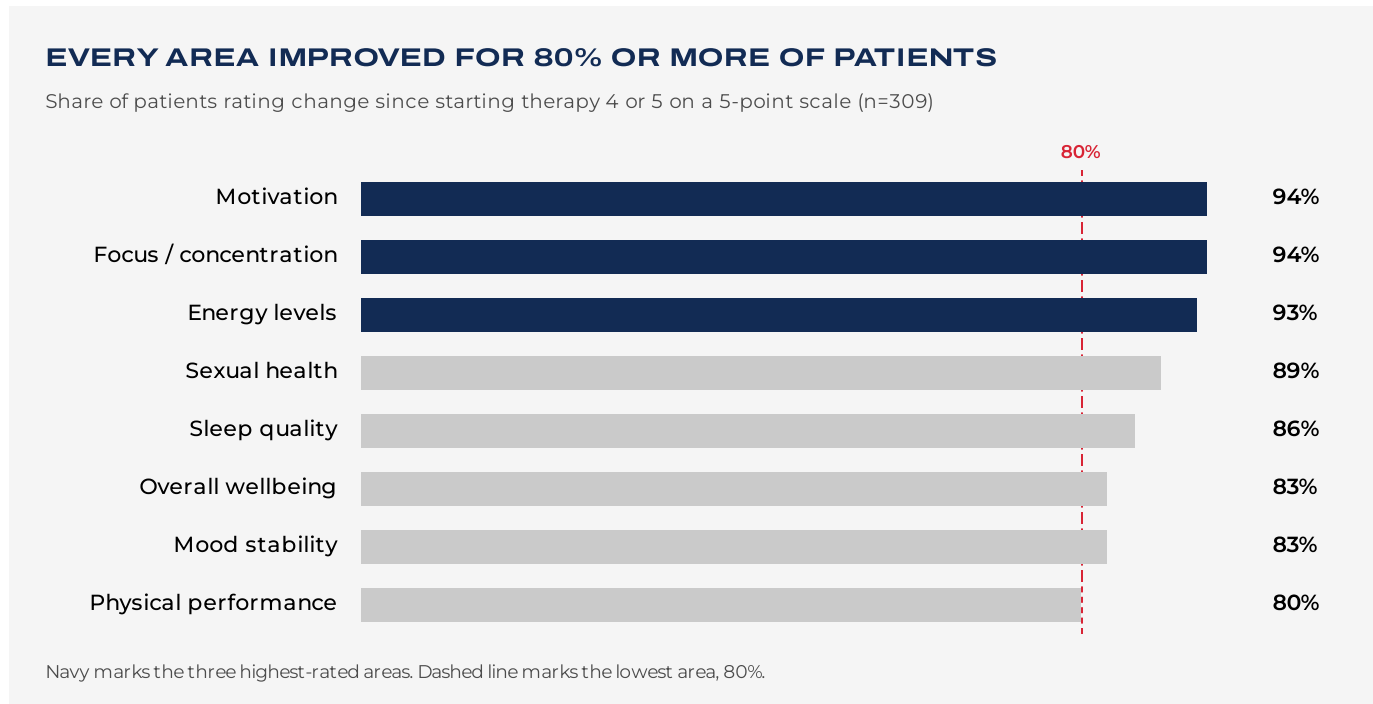
Two separate surveys of different groups are reported side by side here, never added together, because their results cannot be combined without distorting both.

SURVEY	WHO TOOK IT	RESPONDENTS	WHAT IT MEASURED
Survey 1: patient outcomes	Current Core Medical Group patients on hormone therapy	309	Self-rated change in eight areas of life, satisfaction, depression and anxiety screening scores
Survey 2: veteran survey	Veterans and active duty service members on or off therapy, from any care pathway	413	Who answered, current treatment status, and experience getting care

Both surveys were voluntary, and both were designed and run by Core Medical Group, not by an independent research team. Fifteen Survey 2 respondents identified as Core Medical Group patients. Neither survey is set up to match respondents to each other, so overlap between the two groups cannot be checked.

SURVEY 1: CORE MEDICAL GROUP PATIENTS (n=309)

Patients rated every one of eight areas above 4.0 on a 5-point scale, where 1 is much worse, 3 is no change and 5 is much better.



Source: Core Medical Group patient outcomes survey, n=309, data through April 3, 2026.

Patients on therapy longer rated their improvement higher. The average across the eight areas rose from 4.03 out of 5 among patients under three months in (15 patients) to 4.52 among patients at three years or more (55 patients).

On the screening questionnaires, 67% scored in the minimal or mild range for depression symptoms (PHQ-9) and 68% for anxiety symptoms (GAD-7). About one in three scored moderate or higher on each. These are current scores, not change.

The 309 respondents were 97% men, with an average age of 43.6 (range 26 to 71). Branches: Marine Corps 37%, Army 35%, Navy 12%, Air Force 7%, National Guard 5%, Coast Guard 2%. 93% were on testosterone therapy and 93% received it by injection. 78% had been on therapy for six months or longer.

SURVEY 2: VETERAN SURVEY (n=413)

Most of the 413 respondents were not on hormone therapy: 267 (65%) said they were not currently being treated.

The group was 93% veterans and 7% active duty, with an average age of 43.7 (range 21 to 77). Branches: Army 39%, Marine Corps 35%, Navy 11%, Air Force 8%, Guard and Reserve 7%. 75% get healthcare through the VA, and 67% are four or more years out of service.

22 respondents (5.3%) said the VA had ever prescribed them testosterone therapy.

This survey shows who answered and what they reported. It does not measure how common low testosterone is among veterans, and it should not be read that way.

IN THEIR OWN WORDS

Five Survey 1 responses, shown as written, describe the same themes the numbers show: energy, drive, clarity and family.

"It has been something that's changed not only my life but my family's life. That's huge."

VETERAN, CURRENT PATIENT

"Gave me the drive and energy to not only be a better person, but a better father and husband."

VETERAN, CURRENT PATIENT

"Since starting TRT, my energy and fitness levels have escalated dramatically. I'm 46 years old and feel like I'm 30."

VETERAN, CURRENT PATIENT

"TRT changed everything about my life, my motivation and drive to engage fully in everyday life. It has made my life better at home, work, and at play. Would not ever go back."

VETERAN, CURRENT PATIENT

"Brain fog is the biggest factor that was improved. I actually have no brain fog now. I can think clearly, make decisions clearly, and determine risk and big picture all instantly. I am much happier."

VETERAN, CURRENT PATIENT

These are individual experiences from survey respondents who are current Core Medical Group patients. They are not a guarantee of results. The survey figures in this report show what current patients reported overall.

WHAT THESE RESULTS DO AND DO NOT SHOW

These surveys show how current patients describe their own results. They do not prove that therapy caused those results.

Current patients only.	People who stopped therapy or left the clinic were not surveyed, so results lean toward people who stayed.
No before-and-after measurement.	Neither survey tracked the same person before and after starting therapy. Screening scores show where patients are now.
Time on therapy compares different people.	Higher scores among patients on therapy longer compare separate groups, not the same patients over time.
Self-reported and company-run.	Core Medical Group designed and ran both surveys. They have not been peer reviewed.
Screening is not diagnosis.	PHQ-9 and GAD-7 are screening questionnaires, not diagnoses.
Survey 2 is not a prevalence study.	It does not show how common low testosterone is among veterans.
Risks are not covered.	Neither survey measured side effects. Therapy is not right for everyone, and a licensed provider decides based on bloodwork and physician review.

NEXT STEP

THE FIRST STEP IS BLOODWORK.

A licensed provider reviews your results and decides whether hormone therapy is appropriate for you.

Text 330-919-7792 or email info@coremedicalgrp.com.

Sources: Core Medical Group patient outcomes survey, n=309, data through April 3, 2026. Core Medical Group veteran survey, n=413.